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Catholic Charities NH Acquires Liberty House *Helping Veterans In Need, In New Ways*

Catholic Charities NH is excited to announce the acquisition of Liberty House, which provides a wide variety of critical support services for homeless and at-risk veterans.

The Manchester-based Liberty House serves veterans that have been other than dishonorably discharged, many of whom face immense challenges such as trauma, PTSD, addiction and a lack of secure housing. Liberty House is their path forward through sober transitional housing, job placement services and various mental and physical wellness programs. It also provides direct assistance through clothing and food distribution, community referrals and advocacy programs for dozens of other veterans in need. The organization relies exclusively on private donations.

By bringing Liberty House into the Catholic Charities family of programs, we are equipped to better respond to this growing population with a more diverse set of services and resources – including expanded living and recreational spaces – geared to bring positive change and instill a greater sense of self-sufficiency and independence into their lives.

“Liberty House has been a staple in our community for the past 15 years, helping more than 300 veterans, oftentimes with nowhere else to turn, move forward from despair and hopelessness to self-sufficiency and independence,” said Tom Blonski, president and CEO of Catholic Charities NH. “Its mission of supporting lives with honor, dignity and respect is well-aligned with our focus of serving people from all backgrounds and walks of life. We’re excited to welcome this incredible program,

Continued inside...

Liberty House Continued

and Liberty House's dedicated and passionate staff, into our family of programs."

Liberty House is the latest addition to Catholic Charities NH's diverse set of social services programs, which are designed to adapt and respond to the changing needs of the most vulnerable across New Hampshire. Late last year, Catholic Charities NH acquired The CareGivers, which provides at-home food delivery and rides to medical appointments for hundreds of homebound and disabled elderly across Greater Manchester and Greater Nashua.



Ice Ball: Celebrating 75 Years

2020 is Catholic Charities NH's 75th Anniversary – and we're having a party!

Celebrate the powerful past and promising future of Catholic Charities NH, while enjoying a fun evening of dancing, friends, fine cuisine – and a few surprises along the way.



February 15, 2020 - 6:00pm

**DoubleTree by Hilton, Downtown Manchester
700 Elm Street, Manchester, NH 03101**

Grant Recognition

A big thanks to the Arthur Getz Trust, Citizens Bank, N.A. Trustee, for their \$5,000 grant in support of The CareGivers.

Your Legacy

Make a lasting impact by naming Catholic Charities NH in your will or estate plans. For more information contact Karen Moynihan at **603-669-3030**.

Did you Know?

The individuals and families we serve live amid crisis, despair and intense life challenges. **But because of you**, that's changing – as they find the hope and healing they never knew was possible.

Among our casework clients:

- 80% lack a full-time, year-round job with benefits.
- 77% lack sufficient income to meet their basic needs.
- 53% suffer from fair or poor physical health.
- 39% describe their housing as insecure.
- 23% experience hunger on a regular basis.

Among our Counseling Services clients:

- 48% display life adjustment disorders (parenting & family stressors, job loss, serious illness, bereavement).
- 24% report living with anxiety and depression.
- 10% face post-traumatic stress disorder (PTSD).
- 6% experience substance use issues.

Among The CareGivers' elderly clients:

- 93% live alone and fight social isolation.

Recent Events

Donors came together on October 17 for a special Donor Recognition Mass at St. Katharine Drexel Parish in Alton. The Mass was presided by Bishop Libasci and a reception following gave attendees a chance to hear about the latest news, program and impact figures around Catholic Charities NH.

