



"I got the job!"

Every touchpoint with our clients matters, and sometimes it's the smallest act that can swing doors open to ripples of change.

In his early adulthood years, Steve made what he calls "a dumb mistake." This unfortunately led him to serving time in jail. Despite headlines of strong unemployment numbers, checking that "have you ever been convicted of a crime?" box meant Steve had been looking for months, with no bites.

Financial struggles were mounting for Steve, his wife, and three kids, including a recent rise in rent on their small apartment, their growing energy bill and anticipation of growing fuel prices ahead of colder weather. He was short on money and running out of time.



Steve recently reached out to Catholic Charities NH for help with his resume and job interview skills. We connected him with a list of organizations that were hiring. From that, Steve landed a very important interview nearly an hour away from his rural community. As ready as he was, he couldn't even afford the half tank of gas to get to his appointment.

Through donor support, we stepped in and provided fuel assistance so he could get to his interview. With his suit and tie, Steve was polished and off to show this potential employer what he's already shown us: he is ready to roll up his sleeves (and make the most of his second chance).

Two days later, our phone rang. It was Steve, out of breath with excitement.

"I got the job."

For Steve, this wasn't just a job. It was a stepping stone to a new career, a more financially stable life, and his chance to show the world what he's truly made of.

Ripples of change - all made possible through your support.

Make a difference for people like Steve: cc-nh.org/news1222

"You helped me become self-sufficient"

Six words sum it up...

"You helped me become self-sufficient."

In this case, you have to understand how BIG this was for someone like Betty.

When we first met her six months ago, we saw it in her face: overwhelmed, anxious, unsure.

Betty's world had just changed. Despite having serious medical illnesses, she didn't blink at the chance to take in her adult child and grandchildren when they fell on hard times. It's her amazing heart of gold.

Paying bills on time is an everyday luxury most of us take for granted. For Betty, it quickly became impossible, with debt quickly accumulating as she adjusted to not only taking care of herself, but her family too.

Though overwhelmed, it was clear from the start that Betty was motivated to make the changes necessary to improve life for her family – like many, she just needed a teammate to provide a boost.

We worked with her to take inventory of her struggles, develop a plan to address the areas holding her back (in her case, it was revamping her household budget), and making incremental steps towards independence.

For Betty and countless others, it works. It works because of a community team effort that starts with your donation.

As Betty recently shared, *"thank you for not just helping me, but for caring and always following through."*

Whether it's making ends meet or providing a shoulder to cry on, **YOU** make moments like this happen.



Online Bereavement Support Group

Are you struggling with the loss of a spouse or loved one? Do you feel alone during this difficult time? Catholic Charities NH is here to help with an online support group, **Bereavement – Experiencing Loss**, **Being Lost and Finding Your Way Again**.

The six-session program will be held via Zoom on Wednesdays at 1:30 p.m. starting January 11, 2023, and run through February 15. Participants will learn about the dynamics of grief, explore different coping strategies and have an opportunity to connect with others in similar situations.

Register at cc-nh.org/bereavement or call MaryAnn at 603-357-3093. There is no cost to attend.

Get Ready! Mardi Gras is BACK!

Get the beads and party hats ready! Mardi Gras is back – and in person for the first time in three years!

Join us on February 11, 2023, at the DoubleTree by Hilton, Manchester for a festive evening to celebrate our community, and also give back to NH individuals and families currently facing some of their darkest days. We promise a night to remember (we have three years of ideas to unveil!), including a live auction, exciting raffles and plenty of music and dancing.



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Tickets are available for purchase at cc-nh.org/mardigras. And for a limited time, there's an early bird special – buy a table of ten by January 11 and save on table price!

Can't attend but want to share in the joy of giving? You can purchase/sponsor a ticket this year for a firsttime attendee, community hero, or someone that would like to attend but can't afford it.

We're Grateful for You

Thank you for all you do in moving lives forward! Because of your support this year, you have made a lasting mark on so many lives across New Hampshire, helping individuals and families – at any stage of their struggle – build more stable lives and paths towards self-sufficiency. This includes:



3,137 teletherapy and in-person sessions were provided by our Mental Health Counseling Services program. **That's the equivalent of more than three months - made possible by you!**

2,518 individuals and families came to us struggling to get by on a daily basis, and now are working to develop sustainable solutions that allow them to become self-sufficient and successfully navigate future life challenges.

That's greater than the population of some New Hampshire towns! Imagine going to a town like Andover or Gorham and knowing that everyone there has been helped by you. It's that many people!





21,752 miles were driven by CareGivers Caring Rides volunteers helping seniors get to vital medical appointments, dialysis appointments and the grocery store. **That's more than seven trips across the United States!**

Liberty House Receives Special Donation

Liberty House was honored on November 10 as one of two recipients of the national Progressive Insurance Keys to Progress® program, which donates vehicles to help veterans access reliable transportation and move their lives forward.

Liberty House received a 2020 Dodge Grand Caravan, which will be used to provide transportation for residents of the program's substance-free transitional living program in Manchester, with rides to medical, employment and other essential needs.

"We are incredibly appreciative to Progressive Auto Insurance for allowing us to expand the transportation we're able to offer residents as they work to move beyond homelessness and difficult pasts," said Jeff Nelson, Executive Director of Liberty House. "Whether it's taking them to the job interview that will lead to a new career, or to the bank to set up their first savings accounts, this vehicle will create paths to significant and meaningful moments in their lives."

Since 2013, Progressive's Keys to Progress® vehicle giveaway program, has donated more than 900 vehicles to honor veterans across the United States. This is the first time the program was held in New Hampshire. Progressive also donated a vehicle to a local veteran.

Consider Making a Year-end Gift!

As we prepare for the end of 2022, please consider Catholic Charities NH in your year-end giving. Your gifts today can create a stronger New Hampshire in 2023!



Grant Recognition

Thank you to the following for awarding grants to support Catholic Charities NH's programs and services:

Department of Homeland Security, FEMA #39	
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The Ella Anderson Trust	CareGivers
Granite United Way	New Generation
The Jack and Dorothy Byrne Foundation	Community Services
Monogram Loves Kids Foundation	Our Place
Nashua Citizens Advisory Commission for Community Grants	CareGivers
St. Katharine Drexel Charitable Foundation	CareGivers
Swim With A Mission	Liberty House
Vermont Mutual Charitable Giving Fund	Liberty House

Your Legacy

Make a lasting impact by naming Catholic Charities NH in your will or estate plans. For more information, contact Karen Moynihan at **603-669-3030**.



Mulligans for Moms Nets \$33,000!

It was a great time *fore* a great cause on October 17 at the 1st annual "Mulligans for Moms" Golf Tournament at Pease Golf Course in Portsmouth.

Through our amazing golfers, sponsors and donors, the tournament generated \$33,000 to support New Generation! This is life-changing for the mothers and children who depend on New Generation to move from homelessness by rebuilding their lives and gaining safe and stable housing. From the bottom of our hearts, thank you!



Liberty House Veterans Day Breakfast

Liberty House celebrated its 8th Veterans Day Breakfast in honor of the men and women, whose selfless sacrifice has helped keep this great country free.

Guests spent a lovely morning at LaBelle Winery in Derry, soaking in words of hope and encouragement from various speakers including keynote speaker Col. Allen D. Aldenberg, Chief of Police for the City of Manchester.

We're thankful for the turnout which raised over \$67,000 in support of Liberty House and the life-altering work they do for our veteran community.





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A Child's Wish for her Mother

12-year-old Amber only wants one thing for Christmas: to no longer see the fear and anxiety that's blanketed her mother's face this past year.

Julie is a devoted mother who raised Amber and her three younger siblings alone. Getting by has always been a struggle, even as she picked up work and odd jobs while her kids were at school.

But that changed this year when Amber had a medical issue that carried a heavy medical bill. Coupled with the rising costs of living, Julie could no longer keep pace with her limited income, making every day impossible to navigate. She reached out to Catholic Charities NH for help.

Over the past three months, Julie worked with us on a Life Plan and financial literacy. Together, we uncovered areas for her to save money and condense some of her bills. We also helped her set up a budget that frees up more room to afford the essentials she and her children need.

Julie knows the work isn't over, but she's in a much better spot than a few months ago, and is thankful for donor support to help her on her journey. Her next goal: pursuing her Associate's degree so she can get a more stable job.

Amber is one of many children facing uncertainty this holiday season, but thanks to your support, you can help provide her and others with the hope for a better year (and life) ahead.