Your Gift in Action

Because of you, Catholic Charities NH is able to respond and adapt to the changing needs of New Hampshire residents through this difficult period. Since the COVID-19 crisis began:

- 1,549 of your neighbors are waking up to hopeful tomorrows because of the emergency assistance they received around food, transportation, housing and other basic needs.
- 938 mental health teletherapy sessions have been conducted to help individuals learn how to better cope with stress, anxiety and difficulties adjusting to the pandemic.
- More than **43,000** pounds of food have been delivered to homebound seniors across Greater Nashua and Greater Manchester through the CareGivers.

Whether it's newborns, teens, adults or seniors, the COVID-19 crisis is impacting each of us in different ways. Thanks for your continued support in helping those who need it most during this unprecedented time.

"If it wasn't for Catholic Charities NH, I don't know what I would have done. I'm incredibly appreciative of the work you do for me and countless others."

- Client (August 2020)

CCNH Named Nonprofit of the Decade

Catholic Charities New Hampshire was named the 2020 Nonprofit of the Decade by Business NH Magazine and the NH Association of Chamber of Commerce Executives! We would like to thank our dedicated supporters, staff, board members, volunteers and community partners. Without you, this award would not be possible!





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While Catholic Charities NH programs may be operating differently in these challenging times, our commitment to continually going the extra mile to meet our clients' needs remains unchanged. To learn how our Parish & Community Services program is responding to the pandemic, we spoke with the program's director, Marc Cousineau.

How would you characterize the past few months for PCS?

While it's been a period of dramatic change, it's also been a time that we're able to deliver services in an incredibly meaningful way. Overall requests for emergency assistance have increased by 50% since the crisis began and the hardships our clients face are even greater. But thanks to donor support, we're in a position to provide them with the assistance and resources to ease their burdens.

With our offices being temporarily closed to in-person visits, the transition to remote support has gone very well. This is in large part because our team is already acclimated to it, normally providing phone-based assistance for clients who live in more rural areas of the state or don't have the ability to travel to our offices. But it's still a period of adjustment doing so on a larger scale and like many others, we're finding ourselves relying more on technology. We're using tools like Zoom to stay connected with clients and with each other.

Continued Inside

The way we work may be different than "normal times," but our commitment to providing hope and healing for individuals and families in need across New Hampshire remains constant. We're still able to maintain that valuable connection with our clients, hear their challenges and work together to develop solutions that pave a better path forward. It's the same work we've been doing for 75 years, day in and day out.

How have client needs shifted? Has there been an increase in demand around certain areas?

While the specific situations vary by individual, we've seen the greatest needs around food insecurity, housing, transportation and pastoral care.

Food insecurity was most prevalent at the onset of the pandemic as food pantries were either closed or operating under a restricted basis because of the lockdown. Requests for housing assistance soared around mid-March but leveled off as the state moratorium on evictions was put into place and eased a lot of the concern. But with the moratorium ending on July 1 — and notices of eviction now becoming more widespread — we're seeing our highest level of demand around housing in quite some time.

We're also experiencing a significant shift in the demographics of those we serve. As I often say, the people who can least afford to lose anything in a crisis are often the first to lose something, which is what we experienced. But as time draws on, we're responding to more requests for assistance among the working class and the middle class.

How do you anticipate client needs will change in the coming months?

We expect our usual seasonal shift in demand for heating assistance when the weather cools for the fall and winter months. But I anticipate it to be more extensive this year as more individuals and families have fewer resources and find that they can't get by the way they used to. We will do all that we can to be there for them.

Make a difference now:

CC-NH.ORG/DONATE

Your Legacy

Make a lasting impact by naming Catholic Charities NH in your will or estate plans. For more information contact Karen Moynihan at **603-669-3030**.

While your work is certainly changing, so is the impact donors are having. What is your message to them?

Emergency assistance during a crisis is about helping people to live. We've been very fortunate, thanks to donor support, to be in a position to provide more flexibility and opportunity to address the significant demand for our crisis services. This means helping more individuals and families locate affordable housing, avoid electric shutoffs, ensure they have enough food on the table, or address urgent transportation needs. For many, this assistance has been the difference between facing real disasters to keeping the struggles they have been experiencing to a level where they can still have a successful journey forward.

I want donors to understand the tremendous impact that they are having, not only on our ability to respond to client needs faster and more effectively, but also ensure this work turns into meaningful change for those we proudly serve. Without your support, this would not be possible.

Grant Recognition

Thank you to the following for awarding grants to support Catholic Charities New Hampshire's programs and services:

Mission Renovate & Restore Achieved!

A big **thank you** to all those who supported Liberty House's Mission Renovate & Restore campaign! We raised **\$254,421** to support the renovations of Liberty House's new home in Manchester. This means we were able to fully capitalize on the entire \$250,000 matching gift from a generous anonymous donor!

Thanks to you, Liberty House is well on its way to being able to better serve homeless and at-risk veterans and nearly triple the capacity of its transitional living program.





We love getting to see you. It's our opportunity to hear your thoughts, and to see the passion you bring to the table as we make a difference together.

Catholic Charities is hard at work preparing for the 2021 Mardi Gras Gala. While we won't be able to get together like we have been in the past, we are dedicated to bringing that same fun and energy to a virtual stage. Stay tuned for more details.

We also want to thank the sponsors of this past February's Ice Ball Gala. Your amazing support changes lives across New Hampshire.

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