

## “Mommy Did it”

### The Life-Changing Phone Call **You** Made Possible

It was an early summer afternoon, and Abi's phone rang. She looked at the number and stopped breathing for a second.

It was a call she was waiting for. A call that would change her – and her young son's – life forever. And a call that wouldn't have happened without your support.

**Thanks to your support, single mothers and children – like Abi and Noah – can go from being homeless or living in an emergency shelter to living in permanent housing.**

After a long, difficult road, including many nights living on the street, Abi finally had an apartment of her own, and more importantly, the safe and stable home for her son that she never had as a child.

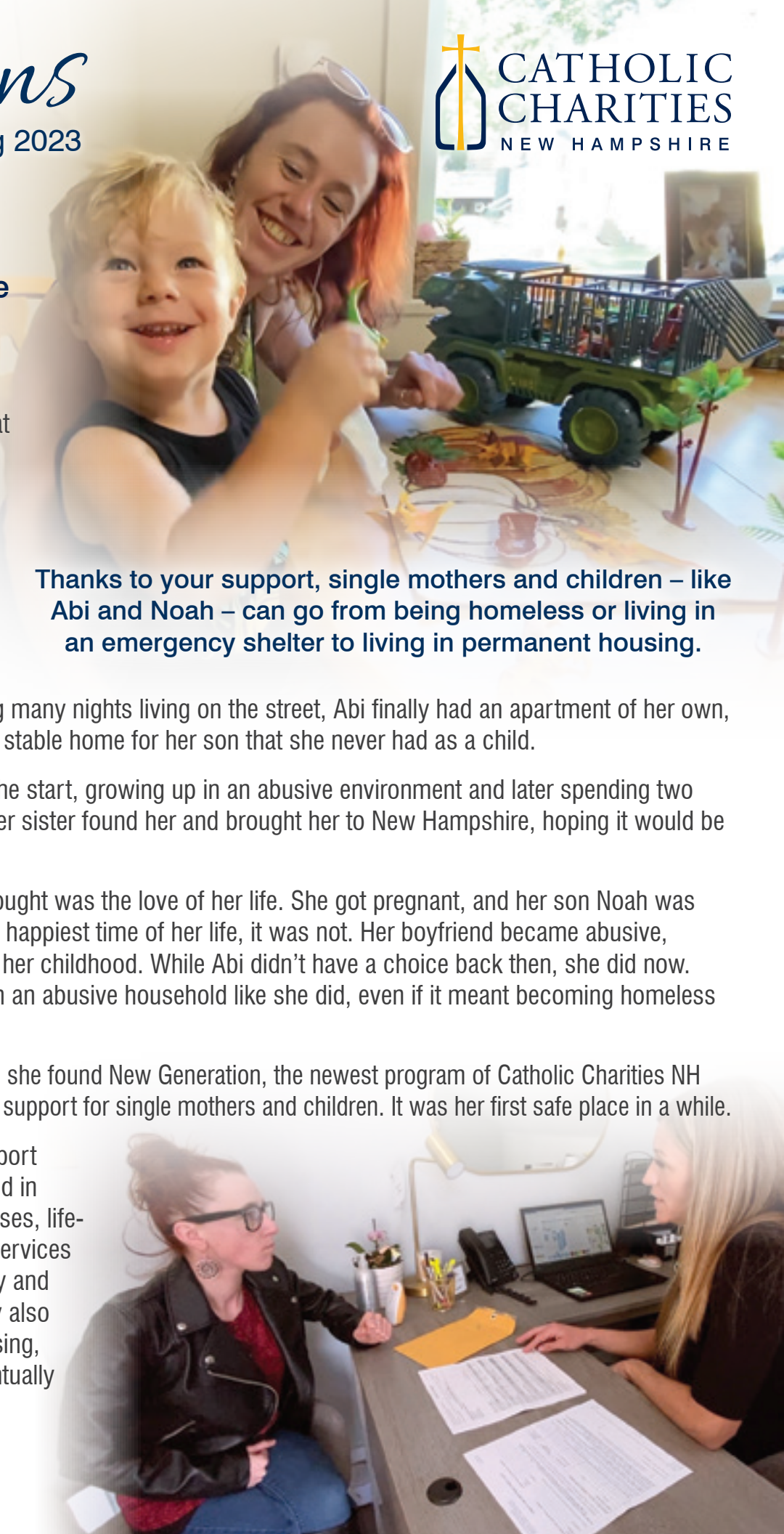
Abi's young life was difficult from the start, growing up in an abusive environment and later spending two years homeless in Boston before her sister found her and brought her to New Hampshire, hoping it would be the new beginning she needed.

Abi started dating someone she thought was the love of her life. She got pregnant, and her son Noah was born. In what should have been the happiest time of her life, it was not. Her boyfriend became abusive, echoing the familiar experiences of her childhood. While Abi didn't have a choice back then, she did now. She didn't want Noah growing up in an abusive household like she did, even if it meant becoming homeless again, with nowhere to go.

Fortunately, with the help of a friend, she found New Generation, the newest program of Catholic Charities NH that provides emergency shelter and support for single mothers and children. It was her first safe place in a while.

She worked hard, and with the support of New Generation staff, participated in parenting and financial literacy classes, life-skills coaching and other support services that promote personal responsibility and nurturing family development. They also helped her file applications for housing, obtain her driver's license and eventually a car, and secure employment.

**Continued Inside**



## Abi Continued

"I had very bad anxiety because of what I had been through," she recalls, "and they helped me come out of my shell. They showed me the strength I didn't know I had."

When the phone rang that summer day, it was a representative from the housing authority who said an apartment had opened up for her and Noah. Her yearlong wait for this moment was over.

"I never thought we would make it this far. You want something so much and work so hard for it, to be able to look at your son and say, 'Mommy did it.' Now I knew our lives would be better. Being able to see my son's face every day, waking up in his room smiling, means everything."

***"I'm so grateful to the donors for giving my son and me, and all the other women and children at New Generation, a second chance for a better future for our kids."***



Scan the QR code to see  
Abi's journey on YouTube.



## Mardi Gras Gala Returns in Style

It was a night in the making for nearly four years, and if the smiling faces, dancing grooves and the dinner line for seconds were any indicators, the wait was worth it!

The 17th Annual Mardi Gras Gala brought the unique charm and character of the Big Easy to the DoubleTree by Hilton Manchester Downtown, complete with authentic New Orleans cuisine, cocktails, a live auction, music and dancing.

More than \$200,000 was raised to support the programs and services of Catholic Charities NH, which bring lasting change to individuals and families struggling with a wide range of issues that impact communities across New Hampshire, such as hunger, poverty, financial despair, mental health challenges, homelessness, unsafe environments for children, and isolation among seniors.

Mardi Gras was made possible through the generous support of our sponsors, including CGI Business Solutions (Presenting Sponsor) and Harvard Pilgrim Health Care (Dinner Sponsor). We thank you, as well as our other sponsors, supporters and attendees, for truly making it a night to remember!

See event photos  
on Facebook!



**SAVE THE DATE!**

Mardi Gras will return on  
February 10, 2024 at the DoubleTree!





## Family Fun! Touch-A-Truck to Benefit Liberty House

Do you have children or grandchildren who love trucks, police cars or construction vehicles? If so, a Saturday this May will make their day!

**The inaugural Touch-A-Truck to benefit Liberty House will be held Saturday, May 13, 2023, at CCNH - 100 William Loeb Drive, in Manchester!** The fun-filled day will include plenty of farm equipment, construction vehicles, police cars, fire trucks and other surprises, as well as food trucks, music and family fun!

**Admission is \$5 per person; \$20 per family (no cost for children under age 2).** Proceeds will benefit Liberty House, the Catholic Charities NH program that provides substance-free housing and assistance around everyday needs to help homeless and struggling veterans get back on their feet, regain their independence and build stable futures.

**To sponsor the event or participate with your business vehicle, please reach out to Laura Brusseau at 603-663-0249 or [lbrusseau@nh-cc.org](mailto:lbrusseau@nh-cc.org).**



## Your Support in Action: Giving Back to a Struggling Veteran

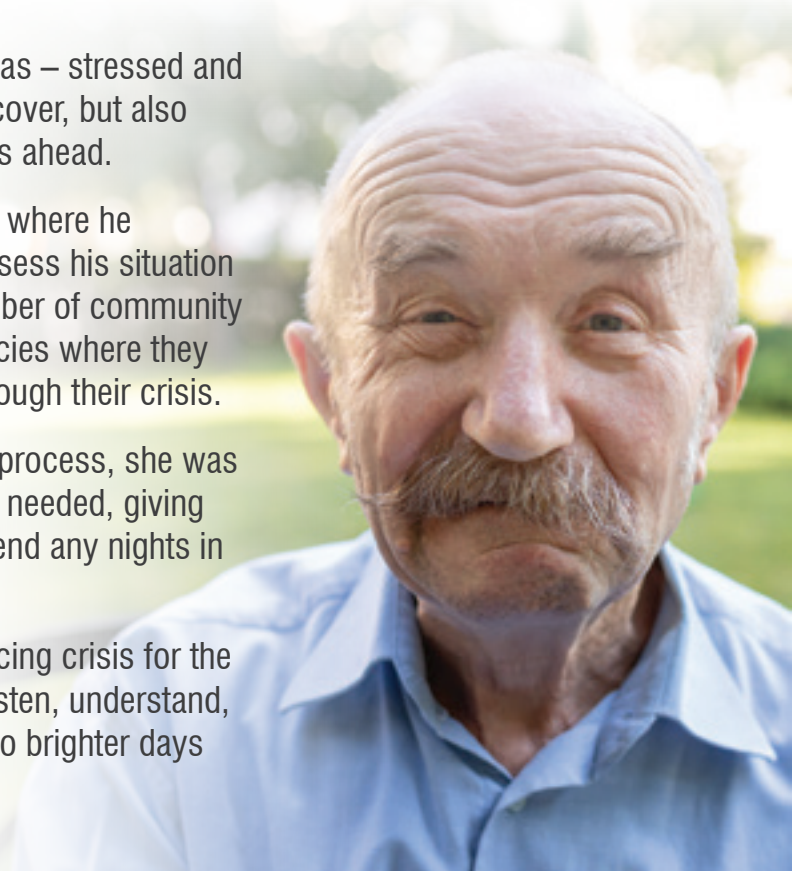
Bruce's situation is like many we encounter today. The 80-year-old veteran usually had no trouble getting by on his monthly budget, but things suddenly changed when his wife was unexpectedly hospitalized for a few weeks before Christmas. A big bill sent his financial situation into a downward spiral, and they quickly fell behind on utilities and other bills.

For a man who gave so much for our country, here he was – stressed and concerned not only for his wife's health and ability to recover, but also whether they would have enough heat for the colder days ahead.

Bruce reached out to our Community Services program, where he connected with a CCNH caseworker who was able to assess his situation and his family's needs. Having a relationship with a number of community resources, she quickly linked them up with several agencies where they could apply for fuel and other assistance to get them through their crisis.

Given that these types of applications often take time to process, she was also able to provide them the immediate assistance they needed, giving them peace of mind and ensuring they didn't have to spend any nights in the cold without heat.

Whether someone is stuck in a cycle of hardship – or facing crisis for the first time ever (like Bruce) – your support allows us to listen, understand, and explore every avenue possible to find the best path to brighter days ahead for those who are struggling.





## **Maddie Cammarano: Building Relationships One Donor at a Time**

We recently welcomed Maddie Cammarano to Catholic Charities NH as our Major Gifts Officer! As someone devoted to giving back to her community, she is excited to build long-lasting relationships with our donors, helping connect their philanthropic wishes with causes that speak to their heart.

Maddie is a graduate of the University of New Hampshire and began her career in the fast-paced hustle and bustle of the political fundraising arena. It was a chance encounter with a Catholic Charities NH employee that shifted her career in a direction where she has the ability to make more of an impact on communities around us.

*“Our mission of providing healing and hope for the most vulnerable across the state is unmatched,” she shared. “To be able to work with our supporters to help provide access to basic necessities for families who are struggling, or assisting single mothers and veterans who face homelessness build stability through transitional housing and support services, is such a gift.”*

When she isn't on the phone or in person with donors, Maddie pictures a lovely little staycation with her boyfriend – one that includes a local football game (UNH or Patriots) wrapped up with dinner in nearby Portsmouth, NH.

**Feel free to give Maddie a shout at [mcammarano@nh-cc.org](mailto:mcammarano@nh-cc.org)!**



### **Attention Golfers! Save the Date**

#### **6th Annual FORE The Veterans Golf Tournament**

Friday, June 30, 2023

Stonebridge Country Club, Goffstown, NH

#### **Mulligans for Moms Golf Tournament**

Monday, September 11, 2023

Breakfast Hill Golf Club, Greenland, NH

**For more information, please contact  
Kerry Gerossie at (603) 663-0211  
or [kgerossie@nh-cc.org](mailto:kgerossie@nh-cc.org).**



# Catholic Charities New Hampshire and the NHCA

## What is the relationship and how does it work?

Since 1946, the Catholic Charities NH appeal has taken place every spring at each of the parishes throughout New Hampshire. Together, we've raised more than a hundred million dollars for our seniors, for pregnant moms, for homeless children, and for struggling individuals and families. We are incredibly blessed and grateful for the compassion and support our community has shown!

Starting this year, Catholic Charities NH will be part of the Diocese of Manchester's **New Hampshire Catholic Appeal: Future of Our Faith II (NHCA)**, which will replace the Spring Parish Appeal CCNH normally conducts. The NHCA will be conducted in New Hampshire parishes on the weekends of April 29/30 or May 6/7 and combines the special collections for seminarians, retired priests, missions and multicultural efforts, parish support and the traditional CCNH Parish Appeal. This is a great way to still support Catholic Charities NH!

If you are a parishioner, we recognize you may have questions about this transition, especially if you are used to the Catholic Charities NH Parish Appeal, and may find the following FAQ's helpful:

### Q: Will the New Hampshire Catholic Appeal: Future of our Faith II (NHCA) replace CCNH's annual fundraising?

The NHCA replaces **only the spring parish appeal** that Catholic Charities has previously conducted within the parishes. We will continue to fundraise throughout the year like we've always done, through a number of fundraising revenue sources such as grants, direct mail, website, events, corporate sponsorships, legacy gifts, and various online fundraising activities.

### Q: Can I make a restricted gift to CCNH as part of the NHCA?

If you choose to designate your gift to Catholic Charities NH, it will not count towards your parish's NHCA goal.

### Q: I'm hearing that CCNH is being fully funded by the NHCA, why are you continuing to ask me for support?

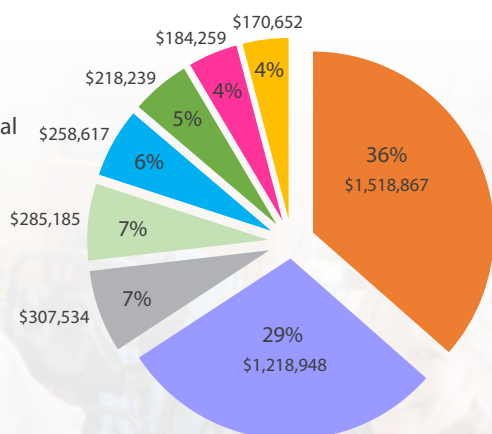
Catholic Charities is **not being fully funded** by the NHCA. The NHCA intends to distribute proceeds to each of the special collections that have been combined into the one appeal now known as the NHCA. The proceeds Catholic Charities will receive from the NHCA will never be more than what it normally would have raised during its spring parish appeal, which historically represents only a portion of annual revenue, having only funded less than 30% of the annual cost to operate our programs and services helping our neighbors in need.

#### CCNH Social Services Fundraising Revenue by Appeal

Does not include nursing homes, NH Food Bank, or St. Charles School

Total \$4,162,301

- Direct Mail
- Spring Parish Appeal
- Event
- Grants
- Other
- Outside
- Website
- Newsletter

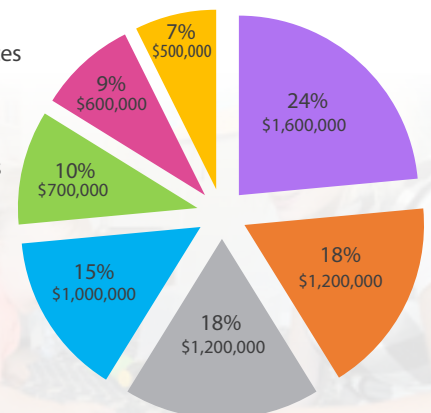


#### CCNH Program Costs

Does not include nursing homes, NH Food Bank, or St. Charles School

Total \$6,800,000

- Parish & Community Services
- Mental Health Counseling
- Immigration Legal Services
- Liberty House
- New Generation
- Senior Services
- Our Place



Contact Karen Moynihan at 603-663-0240, or [kmoynihan@nh-cc.org](mailto:kmoynihan@nh-cc.org), if you have any questions. Thank you!



## You Made All This Possible

You truly made a huge difference in the lives of those who needed it most over the past year, from families unable to afford basic life needs, to mothers and children struggling with homelessness, to homebound seniors facing isolation and food insecurity.

Here are some of the *many* moments and milestones your support created this past year:

**8,012 collective nights of shelter** at New Generation provided to single mothers and children, who otherwise would face life on the streets. That is 22 combined years of a safe roof over a family's head.



**4,555 collective nights** in which veterans with a history of homelessness and substance use had a safe and supportive roof over their heads as they work to get back on their feet and build stability. Together, that is 12.5 years.



**2,410 hours** in which individuals gained the skills necessary to better cope with difficult situations through our Mental Health Counseling Services. That is more than 100 consecutive days.



**23,681 miles driven** by CareGivers volunteers, helping homebound seniors get to vital medical appointments and other errands. This is equivalent to driving across country and back four times.



## Creating Social Impact

Through donor support, emergency assistance around housing, heating, electricity and other vital needs for individuals and families struggling financially. The collective power of your support meant:

- Nearly **11,100 gallons of oil** were provided for financially struggling individuals and families across the state. This preserved **4,057 days of housing for 284 people** who were able to sleep in a home with heat.
- **2,562 days** in which a family didn't have to eat dinner in the dark, a child could see the homework they were working on, or someone didn't have to worry about the food in their refrigerator being spoiled because of the financial assistance they received to prevent or restore an electricity shut-off.
- **541 collective nights** that someone didn't have to sleep in their car or on the street because of the assistance that helped prevent an eviction and ensured they remained housed.



# You helped us reach more people

As the demand for our services rose, you were there to ensure we could respond to more of the calls, provide more support, and create more lasting change for our neighbors in need. This included:

- **79% increase** in mothers and children provided with the support and resources to maintain permanent housing and further build self-sufficiency through New Generation’s aftercare services.
- **63% increase** in community veterans provided with assistance around everyday needs, such as food, clothing, transportation and more through Liberty House.
- **34% increase** in individuals and family members who benefited from financial assistance around utilities, heating oil and other basic needs through our Community Services program.
- **28% increase** in participants in our support groups related to loss, caring for a loved one with dementia and other timely issues.



## Grant Recognition

Thank you to the following for awarding grants to support Catholic Charities NH’s programs and services:

Adelard A. and Valeda Lea Roy Foundation .....	The CareGivers
Dobles Foundation .....	Community Services
Eventide Foundation .....	Liberty House
Eversource Energy Foundation .....	The CareGivers
Fannie Moulton McLane Trust .....	The CareGivers
Lizzie J. Cheney Charitable Trust .....	New Generation
Ludes Family Foundation .....	New Generation
Marion C. Cohen Charitable Trust .....	Our Place
Mary & John Elliot Charitable Foundation (Pearl Manor Fund) .....	The CareGivers
Mary Gale Fund of the New Hampshire Charitable Foundation .....	The CareGivers
Merrimack Savings Bank Foundation .....	Community Services
Rotary Club of Portsmouth .....	New Generation
Speedway Children’s Charities .....	New Generation
TC Energy Foundation .....	Liberty House
The Barker Foundation .....	New Generation


## Your Legacy

Make a lasting impact by naming Catholic Charities NH in your will or estate plans. For more information contact Karen Moynihan at **603-669-3030**.



100 William Loeb Drive, Unit 3  
Manchester, NH 03109

NONPROFIT ORG  
U.S. POSTAGE  
**PAID**  
PERMIT #37  
Manchester, NH

-  603-669-3030
-  [cc-nh.org](http://cc-nh.org)
-  [catholiccharitiesnh](https://www.facebook.com/catholiccharitiesnh)
-  [cc\\_nh](https://twitter.com/cc_nh)
-  [catholiccharitiesnewhampshire](https://www.instagram.com/catholiccharitiesnewhampshire)

## **Your support helps young children like Olivia**

Olivia was born in December and has already experienced many challenges most adults will never have to face. Her father left her mother, Janice, and two siblings behind. Janice was still recovering physically from a recent illness and unable to work, and they fell behind on utilities and other critical bills. Their electricity was recently turned off, and they all had to spend several nights eating and sleeping in the dark.

With seemingly nowhere else to turn, Janice called Catholic Charities NH a few weeks ago. We've already worked with her to set up payments with her utility companies, ensuring the heat and electricity won't go out. And we're helping her set up a budget for the first time in her life, so she can afford proper childcare to get back to work with a steady income.

While they are not out of the woods yet, your support means that families, and young children like Olivia, can have the support and resources to overcome sudden hardships, and build the safe and secure future they deserve.

