

“Without CareGivers, We’d be Lost”

A homebound couple maintains independence because of you

Steven knew Tari was “the one” back in their Goffstown High School days.

“It was love at first sight,” recalls Steven, “and we’ve never left the area.”

Celebrating 44 years of marriage this year, they built careers - Steven a truck driver, and Tari a preschool director - owned a home, cars and “all the toys,” as he says.

Then the bottom fell out.

Steven suffered a back injury in a loading dock accident and Tari’s longtime battle with depression and PTSD reached severe levels. Unable to work and with limited insurance, they faced massive medical bills and could not keep their home, vehicles or other possessions.

“A lot of things had to go,” he remembers, “but if you look at material things versus life and your best friend, it didn’t matter to me. Now, we take care of each other.”

Adjusting to This New Life

Steven and Tari moved to an apartment in outer Manchester that they could afford with their disability payments, but keeping up with all of their bills and ongoing medical needs was a significant challenge.

“Tari and I both have to take medications,” says Steven, “and there have been times when we had to make a decision - do we cut back on the medication so we can get the groceries we need?”

Another problem they faced was the apartment’s location. Without a car, public transportation or any family nearby, access to vital services was nearly impossible, with a round-trip cab ride to the grocery store costing \$50.

“We had to hunker down. You pay the rent and utilities and it doesn’t leave much left.”

Continued Inside

“Kind and Giving People” at CareGivers Bridge the Gap

With the financial grip getting tighter, Steven, on a tip from friends at the St. Pius X Church food pantry in Manchester, reached out to CareGivers, the Catholic Charities NH program that provides homebound and disabled seniors with grocery deliveries (Caring Cupboard), transportation (Caring Rides) and emotional support so they can continue to live independently in their own homes.

This past year, CareGivers delivered more than 167,000 pounds of food and provided nearly 24,000 miles of volunteer rides for seniors, most of whom live on fixed incomes, including Steven and Tari. Signing up for both Caring Cupboard and Caring Rides made an immediate impact on Steven and Tari’s finances, as well as their health and well-being.

“We get fresh vegetables, milk, meat and other groceries on the first Thursday of every month,” says Steven, “and when (Caring Rides volunteer) Frank calls and says he’s here, he insists on bringing them right to the door. He’s doing this on his own time and doesn’t ask for anything – he’s just very kind.”

“Steven’s boisterous greeting and easy conversation just put me in a good mood,” says Caring Rides volunteer Frank Melvin. “To think that such a small gesture can bring some comfort to good folks like Steven and Tari truly makes it an uplifting and rewarding experience!”

Caring Rides volunteers also help Steven and Tari get to vital medical appointments, the pharmacy and the grocery store.

“Without the CareGivers rides and deliveries, we’d be lost,” says Steven. “They have opened up a whole world to us and helped us fill the holes in our expenses so we don’t have to sacrifice our medications. But they also get to know you – you feel comfortable talking with them, like they’re family. They make you feel good.”

Deep Gratitude

Steven and Tari have been through a lot together in 44 years, but with CareGivers and those who support Catholic Charities NH, they know they’re not in this alone..

“As people who rely on CareGivers and Catholic Charities, I can only say thank you very much to the donors and volunteers for the help you give to us and many others in our area. Because of CareGivers, we can live independently and without them, we couldn’t.”

Want to help local seniors?

CareGivers urgently needs volunteers in Greater Manchester, Greater Nashua and the Lakes Region to help homebound seniors get to medical appointments and accomplish essential errands through the Caring Rides program.

93% of Caring Rides clients live alone, far from their loved ones, and relying on ride services or public transportation is often financially unfeasible for them. The demand for rides so far in 2023 far exceeds the current number of volunteers available to fulfill these growing requests.

Join our team of volunteers today by visiting caringrides.org or calling [603-622-4948](tel:603-622-4948).



“I’ve been through a lot but Our Place has been with me the whole time. There are a lot of parents out there that depend on Our Place and Catholic Charities so any gift would be special and make a big difference.”

Shannon, Our Place client

“To all those who have donated to Liberty House, if it weren’t for people like you, veterans like me would be on the streets. We are forever grateful for what you do for us.”

Mike, Liberty House resident

Help more NH neighbors in need today!
cc-nh.org/news2304



Healing Hearts: Your Support in Action

Losing a spouse in your golden years is a heavy burden to bear. Alongside the grief and the adjustment to a “new normal,” many individuals, like Lorraine, find themselves struggle in various aspects of life, including self-care, self-esteem, and self-sufficiency.

For Lorraine, falling behind on a utility bill forced her to raise the question we hear all too often – “How will I be able to get by?”

Reaching out to Catholic Charities NH was a lifeline for this widow. It meant she could keep everything she needed: the carton of milk in her refrigerator, the medication to treat her diabetes, and the ability to illuminate her home with the lamp she and her late husband had bought on a cherished vacation.

With the guidance of her CCNH case worker, financial assistance made possible through donor support and access to our bereavement support group, she is regaining her footing.

Asking for help isn’t a sign of weakness; it’s an indication of strength. Your support has made a world of difference.



Swinging for Success

The 2nd Annual Mulligans for Moms Golf Tournament was a day to remember! More than 100 enthusiastic golfers gathered at the beautiful Breakfast Hill Golf Club in Greenland to tee off in support of New Generation, the Catholic Charities NH program that provides shelter and transitional housing for single mothers and their children facing homelessness. The event raised more than \$35,000, a substantial boost that will directly benefit these families in their quest for permanent housing and a stable, new beginning.



A Morning to Honor Our Veterans

The 9th Annual Veterans Day Breakfast provided a perfect opportunity to pay tribute to veterans who have made great sacrifices for our country and way of life. On November 4, attendees gathered at LaBelle Winery to hear inspirational stories, including those from two Korean War veterans and a resident of Liberty House. The event raised over \$38,000 to support Liberty House, which offers a sober residential program and community pantry for veterans dealing with homelessness, PTSD, and other challenges. Thanks so much to the attendees and sponsors for supporting the life-changing work that we do!



“Faith in Action” at CCNH Annual Gathering

At Catholic Charities NH, ‘Faith in Action’ is more than a slogan; it’s our guiding principle. This theme took center stage at the 2023 Annual Gathering where dedicated donors, staff, and community members came together to celebrate a year of unwavering commitment and boundless compassion. We had the honor of presenting Brenda Buttrick, administrator of St. Francis Rehabilitation & Nursing Center, with the ‘In His Footsteps’ employee award for embodying our core values. We also celebrated Kevin Barrett, a dedicated Board of Trustee member, who was honored with the ‘Guardian Angel Award’ for his instrumental role in our organization’s success and growth.

Diaper Drive Success: Nearly 24,000 Diapers Delivered!

Thank you to the wonderful team at WOKQ for hosting the ‘Kira & Logan Diaper Drive’ to support CCNH! We teamed up with popular morning show hosts Kira and Logan at multiple locations across the state, collecting nearly 24,000 diapers through the generous contributions of the community. These diapers will be distributed to families in the New Generation and Our Place programs, providing relief from the financial burdens they often face. This is another heartwarming example of how New Hampshire’s goodwill shines brightly!

Get Those Beads Ready – It's Almost Mardi Gras Time!

We may be biased, but our favorite night of the year is coming up fast – and we need you there to make it as memorable as ever! Our Annual Mardi Gras Gala is back on Saturday, February 10, 2024, at the Grappone Conference Center in Concord.

It promises to be a festive evening filled with mouthwatering Cajun cuisine, plenty of dancing, a live auction, raffles, exciting entertainment, and a few surprises along the way. Proceeds directly benefit the individuals and families Catholic Charities NH serves.

Tickets are available at cc-nh.org/mardigras. We also have several high-visibility corporate sponsorships available too! For more information, contact Laura Brusseau at lbrusseau@nh-cc.org or [603-663-0249](tel:603-663-0249).



Grant Recognition

Thank you to the following organizations that recently awarded grants to support CCNH's programs:

- Alice J. Reen Charitable Trust
- City of Portsmouth
- Derry Wolverine Dream Foundation
- Hillsborough County – American Rescue Plan Act
- Hypertherm Hope
- Jack & Dorothy Byrne Foundation
- Merrimack County Savings Bank Foundation
- Nashua Citizens Advisory Commission for Community Grants
- Nordson Corporation Foundation
- Ray & Kay Eckstein Charitable Trust
- Rockingham County
- Rotary Club of Portsmouth
- Town of Merrimack


Your Legacy

Make a lasting impact by naming Catholic Charities NH in your will or estate plans. For more information contact Karen Moynihan at [603-669-3030](tel:603-669-3030).



100 William Loeb Drive, Unit 3
Manchester, NH 03109

NONPROFIT ORG
U.S. POSTAGE
PAID
PERMIT #37
Manchester, NH

 [603-669-3030](tel:603-669-3030)

 cc-nh.org

 [catholiccharitiesnh](https://www.facebook.com/catholiccharitiesnh)

 [catholiccharities_nh](https://www.instagram.com/catholiccharities_nh)

The Many Ways Your Year-End Gift Matters

As the demand for our programs and services continues to increase, your year-end gift matters more than ever for those we serve. This includes:

- **James**, a Navy veteran, who is getting closer to securing permanent housing after a years-long battle with substance use.
- **Krista**, a single mother who is barely staying afloat financially, yet determined to keep the apartment that she and her two young children call home.
- **Ross**, who feels overwhelmed and lost after the unexpected death of his wife, as he struggles to find a way forward.
- **Sarah**, who is pregnant with her first child but lacks the financial means, support network, or basic essentials to adequately support her baby.
- **Bob**, a retired mechanic who lives alone on a fixed income and consistently struggles with food insecurity.

Ninety-four cents of every dollar goes back into our programs and services, and stays right here in NH, helping to provide a renewed sense of hope and purpose for our neighbors in need.

